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| **About the Child’s Needs and Progress** |
| Focus on the following: How would you describe your child’s current needs (e.g., sensory, communication, social, educational)? Have there been any recent changes in your child’s behaviour or development? Are there any new diagnoses, assessments, or therapies since our last review? How is your child coping in their current environment (e.g., school, home, community)? Are you satisfied with the support your child is receiving from services? |
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| **Carer's Well-being and Support** |
| Focus on the following: How are you coping with the demands of caring for your child? Do you feel you have enough emotional support? Are you able to take any time for yourself? If not, what would help? Have you experienced any burnout, anxiety, or depression symptoms? Do you have people you can rely on for practical or emotional help? |
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| **Services and Support** |
| Focus on the following: Are you receiving all the services you’re entitled to (e.g. Care Therapy Review, Hub services, Required therapy)? Have you encountered any barriers in accessing services? (e.g. financial barriers for paid services) Are professionals involved in your child’s care communicating well with you? What services have been most helpful to you and your child? Are there any gaps in care or support that we need to address? |
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| **Family and Home Life** |
| Focus on the following: How is the rest of the family affected, including siblings or other dependents? Are there any concerns about safety, housing, or home adaptations? How does caregiving impact your work, relationships, or daily routines? Have there been any recent major life changes (e.g., moving house, job changes, bereavement)? |
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| **Goals and Future Planning** |
| Focus on the following: What are your current goals for your child’s development and well-being?  Are there any transitions coming up (e.g., changing schools, approaching adulthood)? What are your hopes or concerns about the future? |
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| **Feedback and Involvement** |
| Focus on the following: What has worked well with the care and support you’ve received? What could be improved in the care your family is receiving? Are there any topics you feel weren’t addressed that you’d like to raise now? |
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